



MEDIA SKILLS (MS1)

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Great for executives and others...who have to speak to the media.

Purpose:

This Course is designed to give you a total understanding of how to present yourself , your point of view and your material with optimum effect when appearing on Film, TV or Radio.

At the start of the course your strengths and weaknesses in voice, image and movement will be identified. Immediately, a tailor-made program will be implemented, designed to address your specific media presentation problems and goals. This course comes highly recommended for media presenters and executives alike.

Highly recommended.

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What you will learn:

These are private sessions designed with you, your job and your company in mind.

In them you will learn...

- How to control your anxiety and speak confidently.
- **How to sound convincing, authoritative and persuasive.**
- How to use your body to help you in front of the camera.
- **How to match your tone with other people's and masterfully lead them into listening to what you've got to say.**
- Breathing techniques to help you keep cool when the pressure "hots up".
- **Learn how to speed up or slow down, and how to use inflections and pauses to make what you say more interesting.**
- Sound good if you ever have to read information aloud.
- **How to get rid of irritating ticks and nervous gestures.**
- How to improve your diction and pronunciation.
- **How to deliver a clear message and get the results you want.**
- **And much, MUCH more!**

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| Duration of each session : | Hourly (2 hr) Full Course is 3 x 2 hr sessions |
| Participants: | Individual coaching |
| Session: | \$ 450 + gst |
| Full Course : | \$1250 + gst |
| Payment Accepted: | Cash Cheque Invoice AMEX VISA MC BC |
| Location - The Voice Business, Level 3, 66 Berry St, North Sydney NSW 2065 AU Or by phone coaching | Tapes/CDs and Work notes included |

The Voice Business www.voicebusiness.com
Email us : bookings@voicebusiness.com

To make booking



Call (02) 9957-4208